

TITLE	CAMHS Update
FOR CONSIDERATION BY	Health Overview and Scrutiny Committee on 27 November 2012
WARD	None Specific

Wokingham CAMHs

November 2012

Number of young people offered their first appointment over the last 3 months

Date	0-4 Weeks	5-13 Weeks	14-18 Weeks	>18 Weeks	Total
01-Aug-12	29	50	2	2	83
08-Aug-12	27	49	1	3	80
15-Aug-12	22	44	6	2	74
22-Aug-12	20	47	6	2	75
29-Aug-12	18	51	8	1	78
05-Sep-12	19	47	10	1	77
12-Sep-12	21	44	9	1	75
19-Sep-12	20	44	8	3	75
26-Sep-12	18	44	4	5	71
03-Oct-12	16	46	5	6	73
10-Oct-12	13	40	4	4	61
17-Oct-12	15	37	4	4	60
24-Oct-12	16	29	2	3	50
31-Oct-12	22	29	4	3	58

All clients are asked to opt into an appointment and they are offered a choice of dates to choose from. The average wait is 7.6 weeks. Some clients choose to wait longer due to other commitments. Referrals identified as LAC status will be seen within 2 weeks. Urgent referrals will be seen within 24hrs.

CAMHS have a SMS text reminder as part of BHFT Next Generation care programme. The system automatically sends a text message to our clients 48 hours before their next appointment to remind them of the appointment date & time.

Wokingham referral process.

In November 2011 CAMHS common point of entry team (CPE) was launched. This team is a central point for all referrals across Berkshire and is a dedicated team that triage and allocate all referrals. From November 2012 CPE will also complete initial assessments Wokingham CAMHS demonstrates partnership working on a regular basis in the Local Authority; this includes supervision, liaison with Primary Mental Health Workers (PMHW) and regular multi agency meetings.

The average number of referrals received in the last six months in Wokingham CAMHS is 45 a month. The majority of referrals are received from GP's.

Team		Apr	May	Jun	Jul	Aug	Sep	Total
Wokingham	Ref received	47	52	50	53	36	31	269
	Signpost	10	8	6	11	6	7	48
	NTU	2	2	2	4	1	2	13
	Appropriate	37	44	44	42	30	24	208

*Signpost – Signposted to more appropriate service.

**NTU – Not taken up, clients how have declined an appointment with the service.

The access criterion is provided below but is also available in the professional section of our Website along side other useful information & links for partners & service users.

www.berkshirehealthcare.nhs.uk/camhs



Initial concern with Child or Young Person

Presenting difficulties

For Example
Mild/Moderate behaviour problems
Family relationship difficulties
Mild depression
School Refusal
Enuresis
Encopresis
Attachment Difficulties

Refer to your local authority Tier 2 children services, local voluntary counselling services or local paediatric services as appropriate.

Go to the 'For Professional' section of our website and select your locality to find out what alternative services are available in your area:
www.berkshirehealthcare.nhs.uk/camhs

Presenting difficulties

For Example
Mental illness, especially with serious impact on self/family
Severe behaviour problems if complicated by mental illness
ADHD diagnostic
Autism Spectrum Disorder diagnostic.
Moderate / Severe Anxiety
Moderate/Severe depression
Eating disorder
Post-traumatic stress disorder
Obsessive Compulsive Disorder
Learning disabilities with Mental Health illness
Complex attachment disorder

Complete a CAMHS referral form. Please include any additional information or reports that would be helpful. e.g.CAF
Send to CAMHS CPE

Presenting difficulties Urgent - Contact will be made within one working day.

For Example
Psychosis
Severe Depression
High Risk of Suicide/Attempted Suicide
Severe Eating Disorder

(Advisable to contact GP)

Cases of Self harm, admitted to RBH/Wexham Park, are assessed within 24 hours on the ward by CAMHS staff, and followed up by local CAMHS within 2 weeks.

Complete a CAMHS referral form and send to CAMHS CPE. Follow up with a phone call to CAMHS CPE to discuss the URGENT referral; guidance will be given as to what to do next

Is referral appropriate for CAMHS?

No

Yes

Signposted to appropriate service in local area.

Appointment offered

Help & support
If you are not sure at the initial stages of referring into CAMHS & would like an informal discussion with a member of the CAMHS Team, please contact our Common Point of Entry (CPE) team on Tel: 0300 365 0300. Fax 01344 415 750 Post CPE Office, 4th Floor, Fitzwilliam House, Skimped Hill Lane, Bracknell RG12 1BQ www.berkshirehealthcare.nhs.uk/camhs

Received, signposted, NTU & accepted referrals. East

Team		Apr	May	Jun	Jul	Aug	Sep	Total
WAM	Ref received	33	52	32	37	30	41	225
	Signpost	8	14	2	1	2	12	39
	NTU	0	0	2	5	3	1	11
	% Signpost	24%	27%	6%	3%	7%	29%	17%
Bracknell	Ref received	45	61	55	51	47	38	297
	Signpost	9	18	4	2	9	7	49
	NTU	2	1	4	2	3	2	14
	% Signpost	19%	29%	7%	4%	19%	18%	16%
Slough	Ref received	39	52	39	55	33	37	255
	Signpost	16	11	4	2	13	11	57
	NTU	1	2	3	3	4	1	14
	% Signpost	41%	21%	10%	4%	39%	30%	22%
East Total	Ref received	117	165	126	143	110	114	775
	Signpost	33	43	10	5	24	30	145
	NTU	3	3	9	10	10	5	40
	% Signpost	28%	26%	8%	4%	22%	26%	19%
East Total	Appropriate	88	125	116	128	86	84	632

Continued development of partnership working & clear referral criteria will support the reduction of signposting.

Received, signposted, NTU & accepted referrals. West

Team		Apr	May	Jun	Jul	Aug	Sep	Total
Reading	Ref received	45	52	55	64	49	74	339
	Signpost	15	27	3	3	14	9	71
	NTU	3	3	5	6	7	3	27
	% Signpost	33%	52%	5%	5%	29%	12%	21%
WestBerks	Ref received	29	55	56	61	35	67	243
	Signpost	17	18	12	17	4	7	75
	NTU	1	3	2	3	4	1	14
	% Signpost	59%	33%	21%	28%	11%	10%	31%
Wokingham	Ref received	47	52	50	63	35	31	278
	Signpost	10	8	6	11	6	7	48
	NTU	2	2	2	4	1	2	13
	% Signpost	21%	15%	12%	17%	17%	23%	17%
West Total	Ref received	143	207	164	178	111	147	950
	Signpost	42	53	21	21	31	23	198
	NTU	6	9	9	13	12	6	64
	% Signpost	29%	26%	13%	12%	28%	16%	21%
West Total	Appropriate	108	155	133	144	84	114	738

Continued development of partnership working & clear referral criteria will support the reduction of signposting.

Referral Source, YTD

Referral source year to date (Sept 12)	WAM		Bracknell		Slough		Reading		WestBerks		Wokingham	
	N	%	N	%	N	%	N	%	N	%	N	%
Adult mental health	0	0%	0	0%	0	0%	0	0%	0	0%	0	0%
Child Health	1	0%	1	0%	2	1%	2	1%	6	2%	5	2%
Childrens social care	12	5%	14	5%	15	6%	15	4%	6	2%	6	2%
Education	14	6%	29	10%	27	11%	24	6%	67	22%	23	8%
School	2	1%	18	5%	15	5%	12	3%	5	2%	9	3%
Other	28	12%	45	15%	49	19%	100	27%	44	14%	39	14%
Primary health care	168	75%	190	64%	147	58%	219	59%	179	58%	186	69%
Self	0	0%	0	0%	0	0%	1	0%	0	0%	0	0%
YTD	0	0%	0	0%	0	0%	1	0%	0	0%	1	0%
Total	225		295		255		374		307		269	

New category for schools has been created. Primary Care are the main source of referral

Primary Presenting disorder.

Berkshire Healthcare NHS Foundation Trust

Primary Presenting Disorder of Open Cases Sept 13	WAM	Bracknell	Slough	Reading	Westorks	Wokingham	Total
Autistic Spectrum Disorders	17	49	35	40	43	29	213
Conduct disorders	4	14	7	17	11	2	55
Delirium/Seizure	0	0	1	3	1	0	5
Developmental disorders	0	0	3	1	4	2	10
Eating disorders	1	0	1	3	10	0	20
Emotional disorders	29	14	39	28	60	102	270
Habit disorders	0	0	0	1	3	1	5
Hyper kinetic disorder	112	119	98	146	108	81	664
Not Possible to define (NPD)	210	325	306	349	233	201	1624
Other - eg mix Em&Beh - PTSD	28	53	24	78	25	21	227
Psychotic disorders	0	0	0	0	0	0	0
Substance abuse	0	0	0	0	1	0	1
Total	401	574	614	688	501	450	3108

Not possible to define figures need to be monitored, and further inputting into the new national system is required. (RUC)

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Discharge from team care & percentage at first contact

Berkshire Healthcare NHS Foundation Trust

Team	April	May	June	July	Aug	Sept	Total
WAM	42	59	34	125	76	24	340
1st CONTACT	6	6	2	16	6	4	41
% 1st contact	12%	10%	6%	13%	11%	17%	12%
Bracknell	32	37	40	92	63	35	329
1st CONTACT	0	2	6	15	8	2	33
% 1st contact	0%	6%	15%	14%	10%	6%	10%
Slough	31	38	30	43	113	41	296
1st CONTACT	1	0	1	6	2	0	10
% 1st contact	3%	0%	3%	14%	2%	0%	3%
Reading	51	47	50	52	34	49	323
1st CONTACT	0	0	1	2	4	0	7
% 1st contact	0%	0%	2%	4%	4%	0%	2%
Westorks	28	26	53	31	69	30	237
1st CONTACT	0	1	0	3	4	1	9
% 1st contact	0%	4%	0%	10%	6%	3%	4%
Wokingham	49	58	23	83	52	32	337
1st CONTACT	0	2	1	1	9	1	14
% 1st contact	0%	4%	4%	1%	10%	3%	4%
Total Discharge	236	288	230	428	327	201	1530

Managers review caseload & through put on a monthly basis.

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Weeks from treatment to Discharge.

Berkshire Healthcare NHS Foundation Trust

Team	Weeks	April	May	June	July	Aug	Sept	Total
WAM	0-4	1	0	0	0	0	0	1
	5-12	8	15	3	10	6	8	60
	13-20	12	18	8	48	13	4	103
	Over 20	14	18	11	57	24	3	147
Total		45	51	22	115	47	15	395
Bracknell	0-4	3	1	0	0	0	0	4
	5-12	7	5	7	13	10	3	45
	13-20	6	11	9	13	7	9	65
	Over 20	22	21	18	54	23	11	129
Total		38	46	34	80	50	23	271
Slough	0-4	2	0	3	0	14	11	30
	5-12	4	3	8	4	7	7	33
	13-20	2	7	3	10	11	3	36
	Over 20	22	22	12	20	81	22	180
Total		30	32	26	34	113	43	278
Reading	0-4	1	0	0	0	0	0	1
	5-12	6	3	10	4	10	6	39
	13-20	12	18	10	11	11	18	80
	Over 20	33	23	21	24	48	17	166
Total		52	44	41	39	79	41	336
Westorks	0-4	0	1	0	0	0	0	1
	5-12	3	4	8	5	6	6	32
	13-20	4	1	1	13	13	11	43
	Over 20	14	10	31	8	41	18	115
Total		17	16	40	26	60	35	184
Wokingham	0-4	0	0	0	0	0	0	0
	5-12	11	10	1	1	1	1	25
	13-20	10	17	3	10	18	8	66
	Over 20	17	18	12	18	27	11	103
Total		28	45	16	31	46	20	186

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Referrals to Tier 4 (BAS) from CAMHS teams

Berkshire Healthcare NHS

	April	May	June	July	Aug	Sep	Total
WAM	2	2	1	0	0	1	6
Bracknell	4	2	0	0	0	1	7
Slough	0	2	0	0	1	2	5
Reading	0	2	2	0	1	1	6
WestBerks	2	1	0	0	0	1	4
Wokingham	1	2	2	0	1	0	6
Total	9	12	5	0	3	7	37

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Glossary

Berkshire Healthcare NHS

BAS - Berkshire Adolescent Service

CPE - Common Point of Entry

NTU - Not taken up no longer require services from CAMHS e.g. address change, no contact made

Signposted - transferred to a more appropriate service. For those localities that have a HUB, the referrals would be signposted to 12 services.

Urgent definition - Examples of urgent cases (within 74 hrs as clinically appropriate) Acute psychosis, severe depression with intent to self-harm, severe anxiety disorder with medical problems, self-harm with suicidal intent or any other situation where immediate hospitalisation required.

WTE - Whole time equivalent

Services/Units
 Adult mental health
 Community & inpatient adult mental health CMHT
 Child Health:
 Includes school & community paediatricians, school nurses, Speech & Language, IY
 Children's mental care
 Social/Childcare services, BEST
 Education
 Ed psychologists, Ed Welfare, Learning support officers.
 School
 Schools - All
 Other
 Other business (Hubs & other)
 Primary health care
 GP, A & E
 Self
 Parent, family, self care
 YOT
 DDT, WSH, bus service local services & GPs

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Glossary cont.

Berkshire Healthcare NHS

Mid-2019 Population Estimates: Quinary age groups for local authorities in the United Kingdom: estimated resident population, Age group 0-19

Population figures are for ages between 0-19 in thousands

Local Authority	2018	2019	% change	2018	2019	% change
England	17.3	17.3	0%	148.1	148.1	0%
England excl London	14.8	14.8	0%	118.5	118.5	0%
London	2.5	2.5	0%	29.6	29.6	0%
Total	19.8	19.8	0%	177.7	177.7	0%

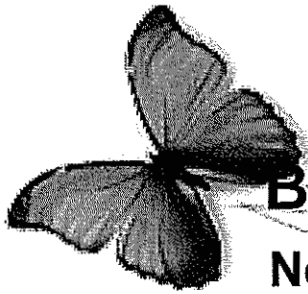
% of total child population
 2018: 12.5%
 2019: 12.5%

Population figures are for ages between 0-19 in thousands

Local Authority	2018	2019	% change	2018	2019	% change
England	17.3	17.3	0%	148.1	148.1	0%
England excl London	14.8	14.8	0%	118.5	118.5	0%
London	2.5	2.5	0%	29.6	29.6	0%
Total	19.8	19.8	0%	177.7	177.7	0%

% of total child population
 2018: 12.5%
 2019: 12.5%

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BHFT Child & Adolescent Mental Health Service

Next Generation Care Phase 2 – Implementation November 2012

